



# Safeguarding

What's that all about?

# Safeguarding – What does this mean?

- At school we use the term 'safeguarding' when we are talking about protecting ourselves and others from danger. It's about keeping ourselves and others safe from harm.

# Safeguarding is everyone's responsibility

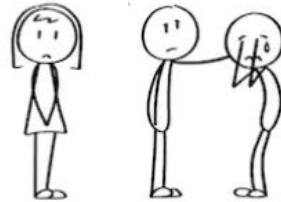
- All members of staff are trained to support pupils who may find themselves in difficult or worrying situations.
- Members of SLT, Heads of Year and staff from the Pupil and Family Support team are especially trained to listen to pupils who are worried and concerned about anything.
- The school nurse is also available to talk to, if you wish to share your worries and concerns with her.

# Reasons why you may need to speak to someone?

Do you ever feel so scared or worried about something that you just don't know what to do?



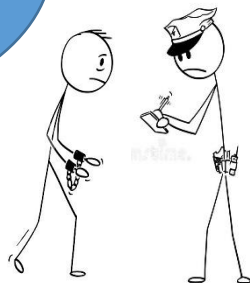
Have you overheard a worrying conversation where someone is likely to get hurt?



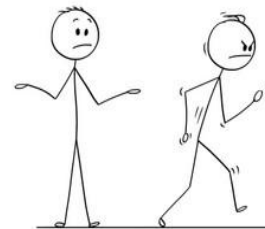
Is your boyfriend or girlfriend being physically or verbally abusive towards you?



Do you know of some criminal behaviour taking place which could be a police matter?



Are you worried about a friend whose behaviour has recently changed?



# Reasons why you may need to speak to someone?

Have you been offered drugs or alcohol or know someone who has?



Has someone asked you to keep a secret that is bothering you?



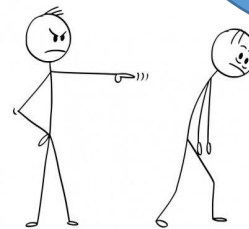
Have you noticed any injuries on your friends which they are hiding?



Are you finding it difficult to complete your school work due to things happening at home?



Has someone treated you in a bullying or threatening manner?



# What should I do next?

- Please talk to someone and share your worries and concerns.
- If you are anxious initially about sharing this information in person, there are a number of different ways you can communicate with us:
  1. There is a post box on the outside wall of the Family Support room – leave a note in there for us to find as this is checked regularly.
  2. Send an email or write a letter to a member of staff.
  3. Drop in to the Family Support room for a chat.

We are all here to help you.

# Organisations who can help outside of school



A free counselling service for 13-25 year olds  
Tel: 01234 360388 or Text: 07922 105200



Tel: 111



Castle Newnham School  
TRADITIONAL VALUES. FORWARD THINKING. BRIGHT FUTURES

The School Nursing Team  
Monday drop-ins 1.00 – 2.00pm



Other useful websites:

[www.youngminds.org.uk](http://www.youngminds.org.uk)

[www.rethink.org.uk](http://www.rethink.org.uk)

[www.bigwhitewall.com](http://www.bigwhitewall.com)

[www.sane.org.uk/young\\_sane](http://www.sane.org.uk/young_sane)

[www.kidscape.org.uk](http://www.kidscape.org.uk)

[www.talktofrank.com](http://www.talktofrank.com)

[www.time-to-change.org.uk](http://www.time-to-change.org.uk)

[www.themix.org.uk](http://www.themix.org.uk)