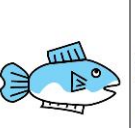
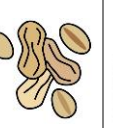
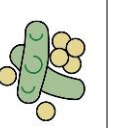


DISHES AND THEIR ALLERGEN CONTENT – Week Four 26-27

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mac n cheese, with sweetcorn and leeks		X					X							
Spiced lentil and vegetable Balti, rice, chapati		X												
Chicken tikka masala, rice, naan bread		X												
Five bean chilli, rice salsa sour cream							X							
Slow roast pork, apple sauce														
Butternut squash and broccoli crumble		X					X							
Beef stifado pasta		X												X
Oriental vegetable stir fry, sesame noodles		X										X	X	
Cajan crumbed cod, oven baked wedges		X			X									
Cauliflower and broccoli cheese, wedges		X					X							

Review date:

Reviewed by: Sonia Robson